

TUNDE OYENEYIN

Peloton Cycling Instructor, Motivational Speaker, & Founder of S.P.E.A.K.



Peloton's elite cycling instructor has quickly become known for her empowering and motivational rides that force you to dig deep and make you really think. From addressing human rights and racial injustice to advocating the importance of 'Soul Care', her devoted followers know they are unclipping with a better sense of self every time they strap in.

Tunde is a Texas native of Nigerian descent, who began her career as a professional makeup artist and brand educator for some of the most sought after beauty lines in the world. She developed and harnessed her talents for over 15 years, "gifting people with confidence."

Tunde struggled with her body image and self esteem throughout her entire childhood and into her adult life, until fitness offered her a greater form of self love. Eventually, she realized her true calling was to motivate people to join her in becoming the best version of themselves. After starting out as a cycling instructor in Los Angeles, Tunde landed a coveted spot on Peloton's superstar instructor team. On any given day, she trains up to 20,000 live riders through her motivational and unifying classes. "Team Tunde" knows they can always rely on her to show up as her authentic self, ready to inspire.

S.P.E.A.K

Surrender, Power, Empathy, Authenticity, Knowledge

Tunde has overcome great loss in her life, but prevailed to guide people towards resilience, transforming tragedy into triumph and realizing her life's mission was to S.P.E.A.K. (*Surrender, Power, Empathy, Authenticity, Knowledge*). Tunde founded The S.P.E.A.K. Movement, which inspired her to launch her Instagram LIVE Series of the same name, S.P.E.A.K. The series spotlights stories and voices of those who have thrived and shown resilience in the face of adversity. Celebrities such as Venus Williams, Common, Cynthia Erivo, and Allyson Felix have all joined as featured S.P.E.A.K. guests. Tunde's goal with this series is to give the listener space to find commonalities in all that makes us different in order to create a life of acceptance and peace.

Tunde uses her voice daily in classes, her Instagram Live series and various speaking engagements -- and her ability to command a room through her unparalleled positive energy allows the audience to discover a newfound hope to go back into the world ready to **Create Great Change**. Tunde has recently been featured for her powerful work on The TODAY SHOW, Access Live, The New York Times, Vanity Fair, Vogue, SHAPE, O Magazine and more.

For more Tunde news visit www.SpeakTunde.com and her rapidly growing community on Instagram @tune2tunde **275K+**

For bookings email bookings@SpeakTunde.com

